

# Feminine Leadership Self-assessment

The WLA is focused on helping you to grow in leadership confidence, presence and meaning. We are often so caught up in the ‘doing’ of our role that we lose sight of who we intend to ‘be’. This tool is designed to help you identify where you may have gaps so that you can shape a leadership programme to your specific needs.

The key to success is balancing your inner and outer landscape with the tools, frameworks, habits and practices that will help you to manifest all that you desire.

Once you have identified your ‘gaps’ feel free to work through the Leadership Guide to help you create clearer intentions for your future.

For each statement, mark yourself on a scale of 1 to 5 where 1 is low and 5 is high.

| Please rate the following:                                               | Low |   |   |   | High |
|--------------------------------------------------------------------------|-----|---|---|---|------|
| How confident are you feeling in your work and in your long term career? | 1   | 2 | 3 | 4 | 5    |
| How would you rate your ability to manifest what you want in life?       | 1   | 2 | 3 | 4 | 5    |
| How clear are you on your goals and intentions for the next 12 months?   | 1   | 2 | 3 | 4 | 5    |
| To what extent are you living from your key strengths and your values?   | 1   | 2 | 3 | 4 | 5    |
| How is your sleep? Are you getting 7hrs plus a night?                    | 1   | 2 | 3 | 4 | 5    |
| How much time are you spending on self-care?                             | 1   | 2 | 3 | 4 | 5    |

|                                                                                                                                       |   |   |   |   |   |
|---------------------------------------------------------------------------------------------------------------------------------------|---|---|---|---|---|
|                                                                                                                                       |   |   |   |   |   |
| To what extend do you feel you are wearing a mask or multiple masks when at work?                                                     | 1 | 2 | 3 | 4 | 5 |
| How well do you know what you are good at? Can you clearly state what your strengths, talents and achievements are?                   | 1 | 2 | 3 | 4 | 5 |
| Do you tend to procrastinate? Do you say yes to too many things? How strong is your overall productivity?                             | 1 | 2 | 3 | 4 | 5 |
| How much time do you put aside daily / weekly / monthly for learning and development?                                                 | 1 | 2 | 3 | 4 | 5 |
| How good are you at asking for what you want? What about asking for feedback? (And acting on it)                                      | 1 | 2 | 3 | 4 | 5 |
| How well known you are in your organization and outside of your organization? How strong is your visibility? Do you enjoy networking? | 1 | 2 | 3 | 4 | 5 |
| Do you have a mapped out career plan? Do you know where you are heading and what success looks like to you?                           | 1 | 2 | 3 | 4 | 5 |
| Are you leading on purpose? Or                                                                                                        |   |   |   |   |   |

